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6 Hour Dementia Training – Quiz

1. What is person-centered care?

2. Besides physiological need, what are the basic needs every person has, regardless of disease and condition?

(Select all that may apply)

- Identity
- Esteem
- Love and Belonging
- Safety & Security
- Physiological
- All of the above

3. When can you create a meaningful moment with a resident?

4. Give two examples of how to make a quality connection

- Doing WITH not FOR
- Offering successful choices
- All of the above

5. Is there a cure for Alzheimer's?

- Yes No

6. What is happening to the brain throughout dementia?

- A. The brain is dying – Brain failure B. Nothing is happening to the brain

7. What does the frontal lobe, (filter), control?

- A. Control impulses B. Control movement



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8. How much of the brain is left by the end of the disease?

- A. Approximately 1/3 B. Approximately 3/4

9. In the early stages of dementia, people will miss out of every _____ words.

- A. Four B. Two C. None

10. List 3 symptoms of dementia:

- A. Memory loss B. Confusion/Orientation to Time & Place C. Problems with Reasoning /Judgment /Problem solving D. All of the above

11. Name an example of something that may present some of the same symptoms and look like dementia until treated

- A. Depression B. Urinary tract infection C. All of the above

12. While much of formal language is lost, what is retained that allows us to still connect with a resident?

- A. Music B. Rhythm C. Automatic social chat D. Forbidden language E. All of the above

13. List 5 communication tips: A. Approach from the front

- B. Enter their reality C. Don't r corrector or argue D. Use visual cues E. Pay attention to non-verbal communication F. All of the above

14. What do you do and say when a resident says something that doesn't quite make sense?

- A. Repeat the question B. Do nothing



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15. What “bossy” words should care companions avoid when talking to a resident?

A. NO B. DON'T C. STOP D. All of the above

16. List the 3 steps (in order) for the Greet Before You Treat approach”

A. See B. Talk C. Touch D. All of the above

17. What are the benefits of the hand under hand position? Select all that apply.

A. Feels friendly B. Relieves stress C. Connects and protects D. All of the above

18. What can occur if we attempt a task without this approach?

A. Behaviors B. Resident is happy

19. Why?

A. Resident may feel threatened B. Resident maybe startled C. Both A & B

20. Behaviors are a form of:

A. Communication B. Nothing

21. What might someone’s behavior be communicating?

A. Unmet needs e.g. hungry B. Nothing

List 3 common behaviors:

A. Repetition

B. Refusal

C. Defensiveness

D. All of the above



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22. Are behaviors the resident's fault?

Yes No

23. Does our action have the potential to cause a resident to have a behavior?

Yes No

24. Can a resident with dementia always tell you when they are in pain?

Yes No